

Welcome to Advantage Integrated Therapy Centers. Your physician has referred you to physical therapy to assist in your healing and recovery. In order for us to most effectively assist you on the road to recovery, the following guidelines and policies have been implemented.

- **Clothing:** For future visits, please wear loose, comfortable clothing, including sneakers.
- **Attendance:** To assist you in your care, consistent and timely attendance to your physical therapy is extremely important. If you must cancel, please call prior to your appointment. (Appropriate phone numbers found on letter head above). To avoid a **\$10.00 cancellation fee**, please call 24 hours in advance, or, be sure to reschedule your appointment within the same week. If you are more than 15 minutes late for your appointment, it may be necessary to reschedule. If you do miss a physical therapy appointment without notice, your visit will be considered a “no show”. In this case, Advantage Integrated Therapy Centers reserves the right to charge a **\$20.00 no show fee**. If you miss more than 2 physical therapy appointments, you may be discharged from physical therapy. If your visits are being filed under Worker’s Compensation or Short-Term Disability, please be aware that your claim may be jeopardized if you miss appointments without justifiable cause.
- **Cell Phones:** Except in emergency situations, please keep cell phones off or on vibrate mode as your therapist will require your full attention.
- **Children:** For your child’s safety, please do not bring your children to physical therapy. We do realize that occasional situations may arise in which you must bring your children, but it should not be a common occurrence.
- **Insurance:** As a courtesy to you, we bill your insurance company for the services you receive at Advantage Integrated Therapy Centers. However, any co-insurance and or co-pays are due at the time of service.
(PLEASE NOTE: Estimates for deductible and coinsurance are only ESTIMATES. There may be a balance/refund due depending on the actual payment from your insurance company.)
We will also verify your benefits for our services however; this **is not**, a guarantee. Please see receptionist regarding rules on auto claims.

If you have any questions or concerns regarding these policies and guidelines, please feel free to ask your physical therapist or the front desk staff. We are certain this will be a mutually rewarding experience and we look forward to assisting you in attaining your goals.

Sincerely,

The Staff of Advantage Integrated Therapy Centers

I acknowledge I have read and understand the above information.

Patient Signature

Date

First: _____ M.I.: _____ Last: _____ Age: _____

Date of Birth: _____ Social Security Number: _____ - _____ Sex: M F

Home Address: _____

City: _____ State: _____ Zip: _____ - _____

Home Phone: (____) _____ - _____ Cell Phone: (____) _____ - _____ Work Phone: (____) _____ - _____

Email Address: _____

Employer: _____ Occupation: _____

Name of Spouse: _____ His/Her Employer: _____

Emergency Contact: _____ Phone: _____

How did you find out about us? _____

Referring Physician: _____
NAME ADDRESS PHONE

Date of injury / Date of onset: _____ Is this the result of an accident? Y N

If yes, what type of accident? AUTO / WORK / OTHER: _____

Insurance Information:

Primary Carrier: _____ Secondary Carrier: _____

Insured: _____ Insured: _____

Insured's Date of Birth: _____ Insured's Date of Birth: _____

ID#: _____ ID#: _____

Phone: _____ Phone: _____

Assignment / Release / Consent:

I hereby consent to Advantage Integrated Therapy Centers retaining and storing my credit card information in accordance with applicable law.

I certify that I, and/or my dependent(s), have insurance coverage with _____
And assign directly to Advantage Integrated Therapy Centers all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions. Advantage Integrated Therapy Centers may use my health care information and may disclose such information to the above-named insurance company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services.

By signing this form, I give Advantage Integrated Therapy Centers consent to treat me or my dependent(s)

Signature of Patient, Parent, Guardian

Date

Authorization - Compound

This authorization form permits: Advantage Integrated Therapy Centers to use or disclose protected health information listed in the Description section below to the Entity or Person listed in the Receiving Entity section for the following patient:

Name _____

Birth Date _____

Receiving Entity: Please check the boxes for those entities or persons you wish to get the described information about you.	Description of information to be given to checked Entity or Person.
Voice mail/ Text Cell phone# _____	<input type="checkbox"/> Appointment time <input type="checkbox"/> Financial Information <input type="checkbox"/> Medical Information
Email messaging _____	<input type="checkbox"/> Appointment time
Other (Provide name) _____ _____	<input type="checkbox"/> Appointment time <input type="checkbox"/> Financial Information <input type="checkbox"/> Medical Information

Purpose:

The purpose of this authorization is to meet the patient's request for information disclosures and uses.

Expiration date or event:

This authorization shall be enforce until revoked by the patient.

Rights of the Patient

- I understand that I have the right to refuse to sign this authorization and that my treatment will not be conditioned on signing.
- I understand that I have the right to revoke this authorization at any time by sending a written notification to the address listed at the top of this form. I understand that a revocation is not effective in cases where the information has already been used or disclosed but will be effective going forward.
- I understand that information used or disclosed as a result of this authorization may be subject to redisclosure by the recipient and may no longer be protected by federal or state law.

 Signature of Patient or Personal Representative (as defined by HIPAA)

 Date

Description of Personal Representative's Authority (attach necessary documentation)

Office use only:

Receiving Employee: _____

Date received: _____

Copy given to patient if requested

Name: _____ DOB: _____ Height: _____ Weight: _____
 Leisure activities (including Exercise routines) _____
 Occupation: _____
 Are you on a work restriction from your doctor? Yes No
 Are you latex sensitive? Yes No Do you smoke? Yes No
 Do you have a pacemaker? Yes No Are you pregnant or think you may be? Yes No

Health History

What brings you into our office today for evaluation? _____
 How long have your symptoms been present? _____ How did the problem occur? _____
 Treatments received so far for this problem (chiropractic, injections, etc) _____
 Please list any surgeries or other conditions for which you have been hospitalized, including dates: _____

 Have you had any of the following tests performed for your current problem/condition (please include dates):
 X-rays Yes No Nerve conduction test Yes No EMG Yes No
 CT Scan Yes No MRI Yes No _____

Using the 0 to 10 scale, with 0 being "no pain" and 10 being the "worst pain imaginable" please describe:

Your current level of pain while completing this survey: _____
 The best your pain has been during the past week: _____
 The worst your pain has been during the past week: _____

My symptoms currently: Come and go Constant Are constant, but change with activity.

What makes it worse? _____
 What makes it better? _____

How are you currently able to sleep at night due to your symptoms?

No problem sleeping Difficulty sleeping Awakened by pain Sleep only with medication

When are your symptoms worst? Morning Afternoon Evening Night After exercise

When are your symptoms the best? Morning Afternoon Evening Night After exercise

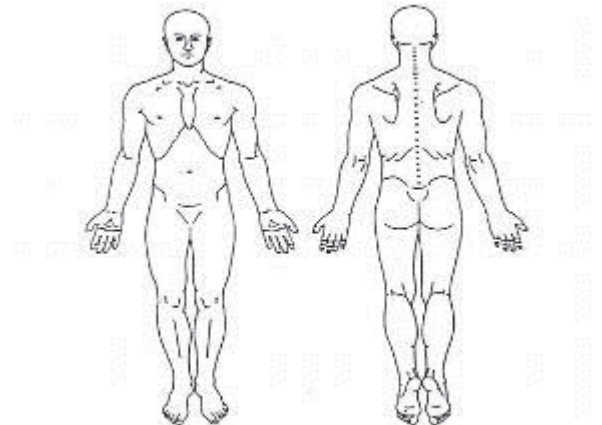
Have you ever had this problem before: Yes No When _____ Treatment received _____

How long did it take for you to feel better? _____

Body Chart:

Please mark the areas where you feel symptoms on the chart to the right with the following symbols to describe your symptoms:

- ↓ Shooting/Sharp pain
- Dull/Aching pain
- × Numbness
- = Tingling



Health History

Allergies:

List any medications you are allergic to: _____

Have you RECENTLY noted any of the following: (Check all that apply)

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> fatigue | <input type="checkbox"/> numbness or tingling | <input type="checkbox"/> gout | <input type="checkbox"/> fever/chills/sweats |
| <input type="checkbox"/> muscle weakness | <input type="checkbox"/> nausea/vomiting | <input type="checkbox"/> hernia | <input type="checkbox"/> dizziness/lightheadness |
| <input type="checkbox"/> shortness of breath | <input type="checkbox"/> fainting | <input type="checkbox"/> difficulty maintaining balance while walking | |
| <input type="checkbox"/> bone fracture/joint injury | <input type="checkbox"/> falls | <input type="checkbox"/> headaches | |

Have you EVER been diagnosed with any of the following conditions (Check all that apply)

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> cancer- what type/when? _____ | <input type="checkbox"/> depression | <input type="checkbox"/> heart problems | <input type="checkbox"/> lung problems |
| <input type="checkbox"/> diabetes | <input type="checkbox"/> chest pain/angina | <input type="checkbox"/> tuberculosis | <input type="checkbox"/> osteoporosis |
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> multiple sclerosis | <input type="checkbox"/> asthma | <input type="checkbox"/> circulation problems |
| <input type="checkbox"/> rheumatoid arthritis | <input type="checkbox"/> epilepsy | <input type="checkbox"/> blood clots | <input type="checkbox"/> other arthritic condition |
| <input type="checkbox"/> stroke | <input type="checkbox"/> anemia | <input type="checkbox"/> liver problems | <input type="checkbox"/> bone or joint infection |
| <input type="checkbox"/> chemical dependency (i.e. alcoholism) | <input type="checkbox"/> high cholesterol | <input type="checkbox"/> pneumonia | <input type="checkbox"/> hepatitis |
| <input type="checkbox"/> human immunodeficiency virus (HIV) | <input type="checkbox"/> STD | <input type="checkbox"/> Other _____ | |

During the past month have you been feeling down, depressed or hopeless? Yes No

During the past month have you been bothered by having little interest or pleasure in doing things? Yes No

Is this something with which you would like help? Yes Yes, but not today No

Do you ever feel unsafe at home or has anyone hit you or tried to injure you in any way? Yes No

Please list any medication you are currently taking (including pills, injections, and/or skin patches): _____
 _____ (PT Initials)

Have you ever taken steroid medications for any medical conditions? Yes No

Have you ever taken blood thinning or anticoagulant medications for any medical conditions? Yes No

Previous History of:

- | | | | |
|-----------------------|------------------------------|-----------------------------|-------------|
| Physical Therapy: | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date: _____ |
| Chiropractic: | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date: _____ |
| Occupational Therapy: | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date: _____ |
| Speech Therapy: | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date: _____ |
| Home Health Care: | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date: _____ |
| Other Therapy: | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date: _____ |

My signature verifies the above information is true and correct to the best of my knowledge.

Signature/Guardian

Date

Physical/Occupational Therapist Signature

Date

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Uses and disclosures to carry out treatment, payment, and health care operations:

Treatment –

This practice may use or disclose your protected health information in consultation between health care providers relating to your treatment or for your referral to another health care provider for your treatment.

Payment –

This practice may use or disclose your protected health information for billing, claims management, collection activities, or obtaining payment.

Health care Operation –

This practice may use or disclose your protected health information for reviewing the competence or qualifications of health care professionals, or for conducting training programs in which students, trainees, or practitioners participate.

This practice may use or disclose your protected health information for accreditation, certification, licensing, or credentialing activities.

This practice may use or disclose your protected health information to our business associates who participate in our healthcare operations. These disclosures will only be made after we have satisfactory assurances in the form of a Business Associates Agreement from the business associate. These assurances will include their agreement to comply with the HIPAA rules and the compliance of any subcontractor with which they do business.

This practice may contact you for our own fundraising activities. If you do not want to receive fundraising communication, you may opt-out at any time. If you opt-out you will receive no further fundraising communications.

Authorized Uses or Disclosures:

The following uses or disclosures require a valid authorization as defined by the HIPAA standards.

Uses or Disclosures for Psychotherapy Notes –

Not applicable to this practice

Uses or Disclosures for Marketing Purposes –

Not applicable to this practice

Disclosures for a Sale of Protected Health Information –

This practice will require an authorization for any disclosures that would constitute a sale of protected health information.

For any other use or disclosure you wish us to make, you can give us a written, valid authorization. Your authorization must have specific instructions for the use and disclosure you want us to make. You will have the right to revoke the authorization in writing at any time before the information is used or disclosed.

Uses or disclosures requiring an opportunity for the individual to agree or object:

For disclosures to others involved with your health care or payment, we will inform you in advance and give you the opportunity to agree or object.

These disclosures will be limited to the information necessary to help with your health care or payment. These disclosures will only be made if you do not object.

Uses and disclosures for which an authorization or opportunity to agree or object is not required:

The following uses or disclosures do not require an authorization or the opportunity for you to agree or object.

Uses and disclosures required by law –

This practice may use or disclose protected health information to the extent required by law. The use or disclosure will comply with and be limited to the relevant requirements of such law.

Uses and disclosures for public health activities –

This practice may use or disclose protected health information for the purpose of preventing or controlling disease, injury, or disability, including, but not limited to, the reporting of disease, injury, and vital events such as birth or death.

Disclosures about victims of abuse, neglect or domestic violence –

This practice may disclose protected health information about an individual whom this practice reasonably believes to be a victim of abuse, neglect, or domestic violence.

Uses and disclosures for health oversight activities –

This practice may disclose protected health information to a health oversight agency for oversight activities authorized by law, including audits, civil, administrative, or criminal investigations, inspections, licensure, or disciplinary actions.

Disclosures for judicial and administrative proceedings –

This practice may, in response to an order of a court or administrative tribunal, provide only the protected health information expressly authorized by such order or a subpoena.

Disclosures for law enforcement purposes –

This practice may disclose protected health information as required by law including laws that require the reporting of certain types of wounds or other physical injuries.

Uses and disclosures about decedents –

This practice may disclose protected health information to a coroner or medical examiner for the purpose of identifying a deceased person, determining a cause of death, or other duties as authorized by law. We may disclose protected health information to a funeral director, as authorized by law, to carry out their duties. This disclosure will be made in reasonable anticipation of death.

Uses and disclosures for cadaveric organ, eye or tissue donation purposes –

This practice may use or disclose protected health information to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation of cadaveric organs, eyes, or tissue for the purpose of facilitating organ, eye or tissue donation and transplantation.

Uses and disclosures for research purposes –

This practice may use or disclose protected health information for research, when the research has been approved by an institutional review board or privacy board, to protect your protected health information.

Uses and disclosures to avert a serious threat to health or safety –

This practice may, consistent with applicable law and standards of ethical conduct, use or disclose protected health information, in good faith, if we believe the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public.

Uses and disclosures for specialized government –

This practice may use and disclose the protected health information of individuals who are Armed Forces personnel for activities deemed necessary by appropriate military command authorities to assure the proper execution of the military mission, if the appropriate military authority has published by notice in the Federal Register.

Disclosures for workers' compensation –

This practice may disclose protected health information as authorized by and to the extent necessary, to comply with laws relating to workers' compensation or other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

Patient rights under HIPAA:

The following information describes your rights under the HIPAA Standards. This practice requires that all requests for the various rights be made in writing and we will provide our decision on your request in writing. You should be aware that there may be some situations when there could be limitations placed on your rights. We are required to permit you to request these rights, but we are not required to agree to your request, except as discussed in the Right of Restriction section.

Right of an individual to request a restriction of uses and disclosures –

This practice will permit an individual to request that we restrict uses or disclosures of protected health information about the individual to carry out treatment, payment, or health care operations or to others involved in your care or in payment. We will consider these requests, but we are not required to agree to them, except as discussed in the next section.

Under your right of restriction, you may restrict certain disclosures of protected health information to a health plan for payment or healthcare operation, where payment in full is made out of pocket for a healthcare item or service

Confidential communication requirements –

This practice will permit an individual to request and will accommodate reasonable requests to receive communications of protected health information from our practice by alternative means or at an alternative location.

Access of individuals to protected health information –

An individual has a right of access to inspect and obtain a copy of protected health information about the individual in a designated record set except as prohibited by state or federal law or certain other exemption. Your access may be provided in electronic form if producible at your request or in another form or format. As permitted by state and federal law, we may charge you a reasonable cost based fee for a copy of your record. Questions about the fee should be addressed to our Privacy Officer at the phone number listed at the end of this document.

Amendment of protected health information –

An individual has the right to ask to have this practice amend protected health information or a record about the individual in a designated record set for as long as the protected health information is maintained in the designated record set.

Accounting of disclosures of protected health information –

An individual has a right to receive an accounting of disclosures of protected health information made by this practice in the past six years but not before April 14, 2003. The accounting will not include disclosures made for treatment, payment, or operations, as well as authorized disclosures or disclosures made for which you had an opportunity to agree or object. You may receive one free accounting in a 12 month period. There will be a reasonable cost based fee for additional requests.

Right of Breach Notification –

An individual has the right to and will receive a notification of any breach of their unsecured protected health information as defined by the Breach Notification Rule. We will fulfill our obligation to provide notice in accordance to HIPAA standards.

Copy of this notice:

You have a right to a copy of this notice. Even if you agreed to receive an electronic copy, you may request and receive a paper copy.

Our Duties:

This practice is required by law to maintain the privacy of protected health information and to provide individuals with notice of our legal duties and privacy practices with respect to protected health information.

This practice is required to abide by the terms of the notice currently in effect.

This practice is required to notify you of any change in a privacy practice that is described in the notice to protected health information that we created or received prior to issuing a revised notice. We reserve the right to change the terms of our notice and to make the new notice provisions effective for all protected health information that we maintain. Revised Notices will be available and posted at our offices(s) and posted on our web site, if applicable.

Complaints:

If at any time you feel we have violated your HIPAA rights, please contact our Privacy Officer or the Secretary of Health and Human Services. This practice will not retaliate against any individual for filing a complaint.

Contact:

You have the right to file a complaint with our Privacy Officer at the address and phone number at the top of this notice, or with the Office of Civil Rights, US Department of Health and Human Services, and 61 Forsyth St., SW, Suite 3B70, Atlanta, GA 30323.

The name and address of the person you can contact for further information concerning our privacy practices is:

HIPAA Privacy Officer:

Tabatha Ard
610-594-2060

Advantage Integrated Therapy Centers
983A E. Lancaster Avenue
Downingtown, PA 19335

Effective Date of the Notice is **July 12, 2019**

Acknowledgement of Receipt Of Notice of Privacy Practices

I have received a copy of the Notice of Privacy Practices for the above named practice.

Signature

Date

Description of Personal Representative's Authority
(attach necessary documentation)

For Office Use Only

We were unable to obtain a written acknowledgement of Receipt of the Notice of Privacy Practices because:

The individual refused to sign.

Other: _____

Employee preparing document: _____

Employee Signature: _____

Date: _____